

# Dr Lewinn's Private Formula Lady Skippers' Race 2009

**HOSTED BY WYNNUM MANLY SAILING CLUB**

**SUNDAY 26<sup>th</sup> July 2009**

## **SAILING INSTRUCTIONS**

### **RULES**

The regatta will be governed by the current I.S.A.F. Racing Rules of Sailing (RRS) 2009 – 2012 and the prescriptions of the YA, except as modified by these Sailing Instructions.

All yachts will comply with the requirements of the Queensland Department of Transport. The RRS safety category 5 will apply except that on yachts that are not fitted with lifelines complying with rule 3.12, all crew shall wear a personal flotation device on the outside of their clothing which complies with Rule 5.01. Whilst racing, a motor complying with rule 3.24 is required

Any yacht withdrawing from the event before or after the start must inform the start/finish boat on VHF 72 advising reason and position at time of withdrawal.

All yachts taking part in the regatta do so at their own risk and responsibility. The Wynnum Manly Sailing Club Inc., the Wynnum Manly Yacht Club Inc. and the Wynnum Manly Yacht Club Marina Ltd, their employees, committees, officials, members, volunteers and sponsor's accept no responsibility for the seaworthiness of any yacht whose entry is accepted or for the sufficiency or adequacy of it's equipment.

*Attention is drawn to Fundamental Rule 4 which states "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."*

### **ENTRIES.**

The race is open to monohulls and multihulls and eligible yachts may be entered by completing the attached entry form and submitting it to the Wynnum Manly Sailing Club by 2030 hours Friday 24th July 2009. There will be a division for monohulls and a division for multihulls. A minimum of three entries in each division is required to constitute a race. Multihulls will start 15 minutes after monohulls and elapsed times will be recorded.

### **CREW**

The minimum crew shall be two people. The owner of each yacht must nominate a lady skipper on the attached Entry Form. The nominated lady skipper OR any other female member of the crew must act in the role of helmsperson from the 5 minute warning signal until the finishing line is crossed.

### **SIGN ON**

All owners/skippers must sign on the morning of the race between 0830 and 0930 at WMSC. There will be a skippers' briefing in the WMYC at 0930 hours. All yachts must report to the start/finish boat by radio prior to the warning signal. **Radio frequencies will be VHF 72.**

### **THE START**

Start time will be not before 1100 hours for monohulls and 1115 hours for multihulls.

The race will be started using Rule 26 System 1.

The starting vessel will be a committee vessel flying the Wynnum Manly Sailing Club burgee and blue on station flag at the starboard end of the starting line.

The Start Boat will be located approximately 1/2 nm east of the Manly Harbour outer entrance beacons.

Class flag for monohulls is "Red and Yellow horizontal stripes" Class flag for multihulls is "code flag E" blue and red.

There may be a sound signal to draw attention to the flags.  
There may be a radio count down on VHF72  
Recalls will be signaled in accordance with ISAF Racing Rule 29.

#### **THE FINISH.**

The finishing line will be an imaginary line between the Blue Flag on the finishing vessel to Starboard and a buoy to Port.  
The time limit for the race will be 1700 hours. Competitors finishing after this time will be scored "did not finish." This alters rule 35.

#### **ALTERNATIVE PENALTIES.**

The 720 degree turns penalty, ISAF Rule 44.2 will apply.

#### **HIKING DEVICES**

Yachts may use toe straps but trapezes or other hiking devices are not permitted.

#### **PROTESTS.**

Protests shall be written on forms available from the race office and delivered there within 1 hour of the finishing time of the last boat to finish. All protests are to be accompanied by a \$20.00 fee. After the protest hearing the protest fee may be refunded at the discretion of the protest committee. Protests will be heard in approximately the order of receipt as soon as possible after the race but not necessarily on the day of the race.

#### **ADVERTISING.**

Yachts may carry advertising as permitted by the RRS for Category "C" events. However the race committee reserves the right to reject the entry at any time of a yacht which in the opinion of the committee carries advertising that conflicts with or detracts from the event sponsor Dr Lewinn's Private Formula.

#### **PRIZES.**

Presentation of prizes will be held at the Wynnum Manly Yacht Club as soon as possible after the race but not before 1600 hrs.

#### **NOTICE TO COMPETITORS.**

Notices to competitors will be posted on the official notice board located at the Wynnum Manly Sailing Club.

#### **CHANGES IN SAILING INSTRUCTIONS.**

Any change to the Sailing Instructions will be posted before 0830 hours on the day it will take effect.

#### **SIGNAL'S MADE ASHORE.**

Signal's made ashore will be displayed on the WMYC flagpole.

#### **SCHEDULE OF RACES.**

Sunday 26<sup>th</sup> July 2009

#### **THE COURSE**

The course will be advised at sign on after 0830 on the morning of the race and will be determined according to forecast weather conditions.

#### **ORGANISATION SUPPORTED**

The Dr Lewinn's Private Formula Lady Skippers' Race 2009 is supporting [Dragons Abreast Australia](#) an organisation that offers hope and inspiration to those faced with a diagnosis of breast cancer and to promote the fact that there is quality of life despite breast cancer. The organisers of [Dragons Abreast Australia](#) will be present on the day with their fantastic Dragon Boats. [So wear something pink to show you care and dig deep to contribute to this fantastic cause.](#)

\$20 of your entry fee goes to [Dragons Abreast Australia](#)

# The Dr Lewinn's Private Formula LADY SKIPPERS' RACE 2009

## ENTRY FORM

### Sunday 26<sup>th</sup> July 2009

Entries MUST be to the Sailing Secretary not later than  
2030 hours FRIDAY 24<sup>th</sup> July 2009

Entry fee \$30 (\$20 goes to **Dragons Abreast Australia**)

To:

The Sailing Secretary  
Wynnum Manly Sailing Club Inc.  
P.O.Box 200  
WYNNUM 4178  
Fax 3348 6177  
Telephone: 3393 5708

Please Fill In  
All Boxes

\*To be read in conjunction with  
Sailing Instructions.

\*Monies must accompany entry

Enquiries: **Sharon Boyle 0411 645 695** or Peter Miler 0419 645 127

Name of Yacht \_\_\_\_\_ Make of Yacht \_\_\_\_\_ Type: monohull / multihull

Registration Number \_\_\_\_\_ Sail Number \_\_\_\_\_

LOA \_\_\_\_\_ LWL \_\_\_\_\_ Beam \_\_\_\_\_ Draft \_\_\_\_\_ Dspl \_\_\_\_\_ Keel Type \_\_\_\_\_

Type of Rig \_\_\_\_\_ Designer \_\_\_\_\_

Date Launched \_\_\_\_\_ Working Sail Area \_\_\_\_\_

Spinnaker Carried \_\_\_\_\_ Yes \_\_\_\_\_ No \_\_\_\_\_ Area Largest Spinnaker \_\_\_\_\_

Spinnaker \_\_\_\_\_ M/head \_\_\_\_\_  $\frac{3}{4}$  \_\_\_\_\_ Entering in IRC: Y N (Circle) IRC Certificate req with entry

Hull Colour \_\_\_\_\_ Deck Colour \_\_\_\_\_ Bottom Colour \_\_\_\_\_ Club Hcp \_\_\_\_\_

Distinguishing Features \_\_\_\_\_

Number of crew on board \_\_\_\_\_ Nominated Lady Skipper \_\_\_\_\_

*The yacht hereby entered carries liability insurance of at least \$5,000,000.00*

Yes/ No/ (This section must be completed)

I submit that the above details are correct and any changes that affect the rating or performance of the yacht will be notified to the race committee of WMSC in writing prior to the closing date for entries. I agree to be bound by the rules of the International Yacht Racing Union Prescriptions and Safety Regulations or as modified by the Sailing Instructions. I agree to indemnify the Wynnum Manly Sailing Club Inc., the Wynnum Manly Yacht Club Inc. and the Wynnum Manly Yacht Club Marina Ltd from responsibility in regard to myself, my crew and my vessel during the regatta and that the indemnity extends to all employees, officers, members, volunteers, agents and sponsors of the Wynnum Manly Sailing Club Inc., the Wynnum Manly Yacht Club Inc. and the Manly Yacht Club Marina Ltd.

Name \_\_\_\_\_ Yacht Club \_\_\_\_\_

Address \_\_\_\_\_ P/C \_\_\_\_\_

Phone Number (home) \_\_\_\_\_ (business) \_\_\_\_\_

Fax Number \_\_\_\_\_ Email \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Entry Fee \$ 30.00 attached Y N (Circle)